



CLIMBING & HIKING IN BICAZ GORGES NATIONAL PARK *INTERNATIONAL YOUTH CAMP IN ROMANIAN CARPATHIANS* August 15-23, 2009



Location: A climbing paradise in a superb natural landscape with a traditional rural ambiance. Near the impressive Red Lake, in the famous deep gorges sculptured in Mesozoic limestone rocks there are over 200 climbing routes, bolted or classic, UIAA grade 3 to 10, 1 to 15 pitches, 15m to 300m high. Access and way down are short and easy. The first route (grade 4) was established in 1934 on the elegant Altar Tower. The area was designated a natural park and the climbing (free, artificial or mixed), hiking and trekking here are unique.

Accommodation and Board: The ECOLOG Hut ('Cabana Ecolog'), alt. 700m, good conditions, full-board. The hut is a new mountain base and is run by staff of the Romanian Mountain Club. There is no need for tents, mats or stoves. Your own sleeping bag is not a must. If you are a vegetarian please let us know in advance. Int'l telephone, e-mail and Internet access available at the hut.



Management and coaching: there will be a camp director (not a bad guy, don't worry) and experienced qualified instructors. You are expected to give a hand and assist with organization.

Local transportation and transfers: Provided by us (minibus, 4 WD).

Programme: at least 4 days climbing & hiking, 1 day mountain walking/hiking/climbing (Ceahlau Mt. natural park, alt.1907m), 1 day (optional) cultural round trip to the city of Piatra Neamt (capital of Neamt county), Moldavian mediaeval monasteries, Bistrita valley and the 40 km long Bicaz Lake. Still new routes potential, all grades. **Optional:** mountain-biking, caving, horse-riding, boat-fishing, swimming.



Indoor and near camp activities: Exchange of experience, discussions and seminars on mountain tourism, access and conservation, climbing techniques, specific top issues in different countries. Slide-shows, videos, expeditions presentations, songs, dancing, campfire & barbecues. You're welcome to present your slides / videos!

Participants: All levels climbers and hikers aged 17 to 25. Either for the beginner or for the toughest and most experienced climber, there are choices for everyone. You'll be asked in advance about your experience and outdoor preferences in order to balance the programme to your needs and to make-up the climbing / hiking teams. Personal health & travel insurance is required.

Equipment: Technical gear, clothes and shoes for rock climbing and summer mountain trekking (15 to 28 Celsius and possible rain or hot sun). Don't forget headlamps and helmets. Climbing gear shopping point at the hut.

Costs: EUR 230, - per participant for the entire programme, accommodation, full board and local transport.



Arrival: Participants should arrive at the hut on August 15. The Ecolog Hut is located in the Carpathian Mountains, in the NE Romania, Neamt county, Bicaz-Chei village. The nearest towns are Gheorghieni (34km West) and Bicaz (24km East), linked by national road DN 12-c which crosses the East Carpathians. The 200m path to the hut starts from the small parking at Km 34 (sign to the hut!). We can pick you up from various railway or bus stations (Bicaz - 24Km, Piatra Neamt - 50Km, Gheorghieni - 34Km or Bacau - 110Km). If you fly to Bucharest (400Km South), we could assist your transfer by bus or train.



Departure: August 23, after breakfast. Transfers arranged to the bus, railway stations or airports.

Registration and Info: Please fill in and send us the Registration form attached **before July 15, 2009**. You'll get full details after the registration. For more info please contact:

All participants under 18 must be accompanied by an adult/team leader over 18 when travelling to an event as specified. We expect parental consent to be obtained by participating Federation for anyone under 18 years.

*Bring a copy of health and travel insurance certificate, plus passport copy.

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