



U.I.A.A. YOUTH WEEK

**“SENTIERO ROMA” TREKKING
(VALMASINO – VALTELLINA – ITALY)
(july 22 – 28, 2007)**

CLUB ALPINO ITALIANO
The Italian National Youth Commission
The Lombardia Youth Commission
CAI Valtellinese
CAI Valmalenco



THE TREKKING

The Sentiero Roma is a natural path defined as “one of the best ways through the Alps”. It goes all over Val Masino’s mountains, travelling up and down until it reaches Valmalenco.

The path starts from Bagni di Masino (1172 m) and reaches the Rifugio A. Omio at once (2100 m); then touches other different shelters (Gianetti, Allievi, Ponti and Bosio). It goes beyond many valics, in the presence of Ligoncio, Badile, Cengalo, Ferro, Torrone e Disgrazia.

The higher-point of the all trekking is Passo del Cameraccio (2950 m).

SUNDAY: Meeting place in Sondrio at the railway station, within 14.00, waiting the bus to move to Bagni di Masino (m.1150).

The real trekking starts with the ascent to Rifugio Omio (2100m).

Trekking presentation (After the accomodation in the shelter and before dinner).

(time: 2h-30min – ascent gap: m.950).

MONDAY: Rifugio Omio (tel.0342640020) - Rifugio Gianetti (tel.0342645161)

From Rifugio Omio, by following the signals' indications, the path goes on ahead pastures in NE direction, proceeding along a shuttered channel. Then, trough a steep grassy slope, the path reaches the NE crest of the Cima del Barbacan and so there's a valic that allows to going down in Val Porcellizzo. Finally the path reaches Rifugio Gianetti (m.2534), that is the start for the ascent to Pizzo Badile.

(time: 4 hours – ascent gap: m.600).

TUESDAY: Rifugio Gianetti – Rifugio Allievi-Bonacossa (tel.0342614200)

From the shelter, the path directs in the East direction crossing the Val Porcellizzo's terminal circle and then it goes up at the beginning of Passo Camerozzo (m.2720).

Descent in Val del Ferro (this is the more difficult part of the trekking), crossing the namesake valley and rising at Qualido pass (m.2647).

Valley crossing, passing trough Passo dell'Averta and going down to Rifugio Allievi (m.2385).

(time: 6 hours – ascent gap: m.700).

WEDNESDAY: Rifugio Allievi-Bonacossa - Rifugio Ponti (tel.0342611455)

From the shelter, by following the signals' indications, the path crosses the eastern circle of Val di Zocca to reach Passo di Val Torrone (m.2518) and going down to the namesake valley.

The Val Torrone's head summit offers one of the best and greatest natural image along the Alps.

Going on over morainic ground, the path takes to Passo del Cameraccio (m.2950: all trekking's higher altitude), and crosses the all high Val Cameraccio, it takes to the Bocchetta Roma. Finally, along morainic ground and granite slabs, an easy descent takes to Rifugio Ponti (m.2559).

(time: 7 hours – ascent gap: m.900).

THURSDAY: Rifugio Ponti - Rifugio Bosio (tel.0342451655)

From Rifugio Ponti, by following the signals' indications, in SE direction, the path crosses the morainic ground of Preda Rossa to reach the Corni Bruciati's red rocks; from here, along a channel, the path takes to Passo di Corna Rossa (m.2836). We are now in Valmalenco and a long long descent trough Torreggio valley takes to a sweet place: the Rifugio Bosio (m.2086).

(time: 4 hours – ascent gap: m.350).

FRIDAY: Rifugio Bosio

A restful day. Simple ascent to Sasso Bianco (m.2490) trough Zana's lake.

Return to the shelter.

(time: 5.5 hours – ascent gap: m.550).

SATURDAY: Rifugio Bosio - Chiesa in Valmalenco

A transfer stage downhill, trough Alpe Lago, takes to Chiesa in Valmalenco.

Bus re-entry to Sondrio.

(time: 3 hours – only downhill).



OTHER INFO

Participants: boys and girls 14 - 17 years old (for each club there is a group of three guys **and one adult in charge of the whole group**)

The path: during the trekking there will be precarious zones to pass; in this case the way is equipped with permanent chains and standard fixed ropes.

Meeting Point: Sondrio – railway station - Sunday July 22nd at 2.00 p.m.

Accommodation: shelters

Meals: dinner and breakfast in the shelters + pocket lunch

Equipment: high mountain clothes, mountain boots, **helmet, harness and via ferrata set**, rain protection, sun glasses, sun protection, liner, towel, toilet stuff.

Price: 250 euro per person – payable on arrival. Included: night in the shelters, meals and bus transfer

Registration:

**ALL THE REGISTRATION FORMS MUST BE SENT BEFORE JUNE 10TH BY
FAX (+39.0342.511042) or
EMAIL beatrice.martelli@unione.sondrio.it**

Organization:

Nicola Martelli (ANAG)

CAI Valtellinese - via Maffei, 90 - 23100 SONDRIO (SO) - ITALY

Phone +39.0342.216617

mobile +39.329.2352080

Email: beatrice.martelli@unione.sondrio.it

Pierangelo Tognini (AAG)

CAI Valmalenco - via Vanoni,5 - 23012 CASTIONE ANDEVENNO (SO)

Phone +39.0342.358128

mobile +39.340.5021907

Email: pierangelo.tognini@popso.it

Contact:

Beatrice Martelli

phone +39.3292352080

Email: beatrice.martelli@unione.sondrio.it

Coordinator:

Giampaolo Covelli (ANAG) – Referente CAI in YC-UIAA

Loc. Sistiana, 25L-13

34011 TRIESTE ITALY

phone: 0402916103

mobile: 3385088221

Email: giampaolo.covelli@tin.it

