INTERNATIONAL YOUTH CAMP IN ROMANIAN CARPATHIANS CLIMBING & HIKING IN BICAZ GORGES NATIONAL PARK August 11-18, 2007

Location: A climbing paradise in a superb natural landscape and a traditional rural ambiance. Near the impressive Red Lake, in the famous deep gorges sculptured in Mesozoic limestone rocks there are over 200 climbing routes, bolted or classic, UIAA grade 3 to 10, 1 to 15 pitches, 15m to 300m high. Access and way down are short and easy. The first route (grade 4) was established in 1934 on the elegant Altar Tower. The area was designated a national park and the climbing (free, artificial or mixed), hiking and trekking here are unique.

Accommodation and Board: The ECOLOG Hut ('Cabana Ecolog'), alt. 700m, good conditions, full-board. The hut is a new mountain base of The Romanian Federation and is runned by staff of the affiliated Romanian Mountain Club. There is no need for tents, mats or stoves. Your own sleeping bag is not a must. If you are a vegetarian please let us know in advance. Int'l telephone, e-mail and Internet access available at the hut.

Management and coaching: It will be a camp director (not a bad guy, don't worry) and experienced qualified instructors from the national federation. You are expected to give a hand and assist with current organization.

Local transportation and transfers: Provided by us (minibus, 4 WD).

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Programme: at least 4 days climbing & hiking, 1 day mountain walking/hiking/climbing (Ceahlau Mt. national park, alt.1907m), 1 day (optional) cultural round trip to the city of Piatra Neamt (capital of Neamt county), Moldavian mediaeval monasteries, Bistrita valley and the 40 km length Bicaz Lake. Still new routes potential, all grades. Optional: mountain-biking, caving, horse-riding, boat-fishing, swimming.

Indoor and near camp activities: Change of experience, discussions and seminars on mountain tourism, access and conservation, climbing techniques, specific top issues in different countries. Slide-shows, videos, expeditions presentations, songs, dancing, campfire & barbecues. You're welcome to present your slides / videos.

Participants: All levels climbers and hikers aged 17 to 25. Either for the beginner or for the toughest and experienced climber, there are choices for everyone. You'll be asked in advance about your experience and outdoor preferences in order to balance the programme to your needs and to make-up the in-field teams.

Equipment: Technical gear, clothes and shoes for rock climbing and summer mountain trekking (15 to 28 Celsius and possible rain or hot sun). Don't forget headlamps and helmets. Climbing gear shopping point at the hut.

Costs: EUR 200, - per participant for the entire programme, accommodation, full board and local transport.

Arrival: Participants should arrive at the hut on August 11. The Ecolog Hut is located in the Carpathian Mountains, in the NE Romania, Neamt county, Bicaz-Chei village. The nearest towns are Gheorgheni (34km West) and Bicaz (24km East), linked by national road DN 12-c which crosses The East Carpathians. The 200m path to the hut starts from the small parking at Km 34 (sign to the hut!). We can pick you up from various railway or bus stations (Bicaz - 24Km, Piatra Neamt - 50Km, Gheorgheni - 34Km or Bacau - 110Km). If you fly to Bucharest (400Km South), we could assist your transfer by bus or train.

Departure: August 18, after breakfast. Transfers arranged to the bus, railway stations or airports.

Registration and Info: Please fill in and send us the Registration form attached <u>until July 15, 2007</u>. You'll get full details after the registration. Please note that participants must have their own travel and activity insurance, including rescue insurance. They should bring their insurance certificate with them. For more info please contact: *ROMANIAN MOUNTAIN CLUB: Constantin Lacatusu (camp director): <u>mountain.romania@gmail.com</u>, <u>lacatusu8850@yahoo.com</u>, <u>office@mountain.ro</u>, <u>Tel / fax: +40.233.222 222; Mobile: +40.744.913 941.</u>*

Registration form Youth Climbing and Hiking Camp - Carpathian Mountains– 11-18 August 2007

Please send this registration form to the **Romanian Mountain Club:** tel/fax: +40.233.222 222; e-mail: <u>mountain.romania@gmail.com</u>; lacatusu8850@yahoo.com; office@mountain.ro

Name	Age	Address	Phone/ fax, e-mail
1.			
2.			
3.			
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5.			
Accompanying person	n/BetreuerIn:		
Alpine Association/Al	penverein:		
Name, Fax, Email or	Tel. to contact:		
We'll arrive by: □trai	n 🛛 🗖 plane	□car	
Date:	-		
Questions:			

Date_____

Signature_____